




KERN HEALTH SYSTEMS

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POLICY AND PROCEDURES					
SUBJECT: Disease Management			POLICY #: 2.35-P		
DEPARTMENT: Health Services – Disease Management					
Effective Date:	Review/Revised Date:	DMHC		PAC	
10/2006	1/23/2017	DHCS		QI/UM COMMITTEE	
		BOD		FINANCE COMMITTEE	



 Douglas A. Hayward
 Chief Executive Officer

Date 1/23/17

 Chief Medical Officer


 Administrative Director of Health Services

Date _____
 Date 1/19/17

POLICY:

Kern Health Systems (KHS) shall maintain a disease management program. KHS shall determine the program’s targeted disease conditions and implement a system to identify and encourage members to participate.¹

PROCEDURES:

1.0 ACCESS

Members may access disease management programs through:

- A. Self-referral by calling KHS at 1-800-391-2000
- B. KHS Interdepartmental referrals to the KHS Disease Management and/or Health Education Department
- C. PCP referral

Members may access medical nutrition therapy as outlined in *KHS Policy and Procedure #3.37-P: Specialty Nutrition Consultation*.

Training and education is provided by KHS contract providers, community resources, the KHS Health Educator, and the KHS Disease Management and Case Management Staff. All member training and education is provided by appropriately licensed or registered health care professionals.ⁱⁱ

2.0 AVAILABLE DISEASE MANAGEMENT PROGRAMS

2.1 Diabetes Disease Management Program

KHS provides coverage for diabetes outpatient self-management training, education, and medical nutrition therapy necessary to enable the member to properly use covered equipment, supplies, and medications, and additional diabetes outpatient self-management training, education, and medical nutrition therapy upon the direction or prescription of those services by the member's Primary Care Practitioner.ⁱⁱⁱ Training shall include instruction that will enable members and their families to gain an understanding of the diabetic disease process and the daily management of diabetic therapy, in order to thereby avoid frequent hospitalizations and complications.^{iv}

2.2 Asthma Disease Management Program^v

KHS provides coverage for asthma education, including education to enable a member to properly use inhaler spacers, nebulizers (including face masks and tubing), and peak flow meters. Education is consistent with current professional medical practice.

2.3 Prenatal Management Program

KHS provides prenatal management education to assist expectant members achieve a positive pregnancy outcome. Education includes coordinating and supporting timely prenatal care, early identification of high risk factors (diabetes and hypertension), and providing education and support to members and their family during pregnancy and immediately following delivery. Education is consistent with current professional medical practice.

REFERENCE:

ⁱ **Revision 2017-01:** New language on prenatal management education provided. Titles updated. **Revision 2013-05:** Revised by Director of Quality Improvement, Health Education and Disease Management. Policy reformatted. **Revision 2006-10:** Revised per DHS Workplan comment 11d (1/18/06). **Revision 2005-11:** Created during DHS Workplan review. Policy reviewed against DHS Contract 03-76165 (Effective 5/1/2004). Redline shows changes in language taken from policy #3.54 – Diabetes Management (2000-04).

ⁱ DHS Contract A-11 (3)

ⁱⁱ HSC §1367.51(d)

ⁱⁱⁱ HSC §1367.51(d)

^{iv} HSC §1367.51(e)

^v HSC §1367.06 (d)