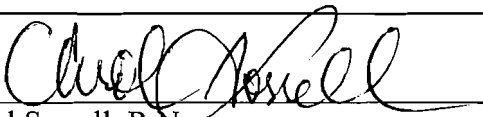
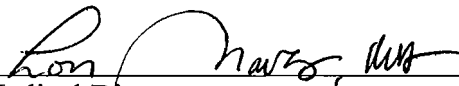
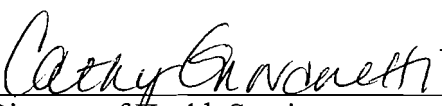



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POLICIES AND PROCEDURES**

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SECTION: Quality Improvement		ORIGINAL EFFECTIVE DATE: December 20, 2005					
Review Date	02/2006						
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Revision No.	2006-10						

Approved		Date	10/10/06
	Carol Sorrell, R.N. Chief Executive Officer		
Approved		Date	10/3/06
	Medical Director		
Approved		Date	10/10/06
	Director of Health Services		
Approved		Date	10/3/06
	Quality Improvement Manager		

**POLICY<sup>1</sup>:**

KHS shall maintain a disease management program. KHS shall determine the program's targeted disease conditions and implement a system to identify and encourage members to participate.<sup>2</sup>

**PURPOSE:**

To outline guidelines for the KHS disease management program.

**PROCEDURE:**

**1.0 ACCESS**

Members may access disease management programs through:

- A. Self-referral by calling KHS at 1-800-391-2000
- B. Referral by the Utilization Management Case Manager to the KHS Health Education Department
- C. PCP referral

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Members may access medical nutrition therapy as outlined in *KHS Policy and Procedure #3.37-P: Specialty Nutrition Consultation*.

Training and education is provided by KHS contract providers, community resources, the KHS Health Educator, and the KHS Case Management Staff. All member training and education is provided by appropriately licensed or registered health care professionals.<sup>3</sup>

## **2.0 AVAILABLE DISEASE MANAGEMENT PROGRAMS**

### **2.1 Diabetes Disease Management Program**

KHS provides coverage for diabetes outpatient self-management training, education, and medical nutrition therapy necessary to enable the member to properly use covered equipment, supplies, and medications, and additional diabetes outpatient self-management training, education, and medical nutrition therapy upon the direction or prescription of those services by the member's Primary Care Practitioner.<sup>4</sup> Training shall include instruction that will enable members and their families to gain an understanding of the diabetic disease process and the daily management of diabetic therapy, in order to thereby avoid frequent hospitalizations and complications.<sup>5</sup>

### **2.2 Asthma Disease Management Program<sup>6</sup>**

KHS provides coverage for pediatric asthma education, including education to enable a member to properly use inhaler spacers, nebulizers (including face masks and tubing), and peak flow meters. Education is consistent with current professional medical practice.

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<sup>1</sup> **Revision 2006-10:** Revised per DHS Workplan comment 11d (1/18/06). **Revision 2005-11:** Created during DHS Workplan review. Policy reviewed against DHS Contract 03-76165 (Effective 5/1/2004). Redline shows changes in language taken from policy #3.54 – Diabetes Management (2000-04).

<sup>2</sup> DHS Contract A-11 (3)

<sup>3</sup> HSC §1367.51(d)

<sup>4</sup> HSC §1367.51(d)

<sup>5</sup> HSC §1367.51(e)

<sup>6</sup> HSC §1367.06 (d)