

# Urgent Care



**Together in...**  
health

"choose the right  
kind of care"



## No Prior Authorization Required For Urgent Care Services

Kern Family Health Care (KFHC) does not require prior authorization for urgent care services.

When you need urgent care services (i.e. you need to be seen within 48 hours), it is important to call your Primary Care Provider (PCP) first to see if there is an available appointment or to get medical advice. You can also call the KFHC Advice Nurse line at 661-632-1590 (Bakersfield) or 800-391-2000 (Outside of Bakersfield) to get medical advice. If your PCP does not have an available appointment within the next 48 hours and you have an urgent medical concern, please go to the nearest contracted urgent care.

When you are outside of Kern County and within the United States, you can receive urgent care services from a non-contracted urgent care.

## KFHC CONTRACTED URGENT CARE CENTERS

### **Bakersfield Pedi Center**

9900 Stockdale Highway, Ste. 105, 93311  
661-410-9500  
Monday - Sunday; 9:00am-9:00pm

### **Professional Urgent Care**

901 Olive Drive, 93308  
661-215-7551  
Monday - Sunday; 8:00am-midnight

### **Vernon C. Sorenson, MD, A.P.C.**

3838 San Dimas Street, Ste. B-100, 93301  
661-326-8985  
Monday - Sunday; 7:00am-7:00pm

### **Northeast Walk-In Clinic (After Hours Clinic)**

2601 Oswell Street, Ste. 101, 93306  
661-616-5810  
Monday/Wednesday/Friday 5:30pm-9:00pm

### **Delano**

### **Delano Prompt Care Clinic (After Hours Clinic)**

1201 Jefferson Street, 93215  
661-725-2579  
Monday - Friday; 5:00pm-10:00pm  
Saturday/Sunday; 9:00am-6:00pm

### **Taft**

### **West Side Urgent Care**

100 East North Street, 93268  
(661) 765-1935  
Monday - Friday; 12:00pm-9:00pm  
Saturday/Sunday; 10:00am-9:00pm

## When should you go to the Urgent Care (if your PCP does not have an available appointment)?

- Sprains and strains
- Sore throats, coughs, colds or the flu
- Ear infections
- Sinus infections
- Allergy flare-ups
- Mild asthma
- Animal bites
- Insect bites
- Minor broken bones, such as a finger
- Skin rashes
- Minor cuts that may need stitches
- Nausea

## When should you go to the Emergency Department (ER)?

- Cuts or burns that are large or deep
- Broken bones
- Bleeding that won't stop
- Breathing problems
- Seizures
- Head injuries along with losing consciousness, not thinking clearly, a bad headache or vomiting
- Drug overdose
- Pain that is severe or won't go away
- Trouble moving or feeling after an injury

**800-391-2000**  
f kernfamilyhealthcare.com t